



CHAIR JULIE CUELLAR
COMMISSIONER ERICA FRIEND
COMMISSIONER FLOR SANCHEZ
COMMISSIONER VACANT
COMMISSIONER VACANT

CITY OF SAN FERNANDO

PARKS, WELLNESS, AND RECREATION COMMISSION REGULAR MEETING AGENDA SUMMARY THURSDAY, SEPTEMBER 10, 2026 – 6:30 PM

CITY HALL COUNCIL CHAMBERS
117 MACNEIL STREET
SAN FERNANDO, CALIFORNIA 91340

PUBLIC PARTICIPATION OPTIONS

Please visit the City's YouTube channel to live stream and watch previously recorded Parks, Wellness, and Recreation Commission meetings, which is also available with Spanish subtitles at:
<https://www.youtube.com/c/CityOfSanFernando>

In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/accommodation to attend or participate in this meeting, including in-person translation services, or other services please call the Recreation and Community Services Department at (818) 898-7349 or email at LMoreno@sanfernando.gov at least 2 business days prior to the meeting.

SUBMIT PUBLIC COMMENT IN PERSON:

Members of the public may provide comments in person in the City Council Chambers during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

SUBMIT PUBLIC COMMENT VIA EMAIL:

Members of the public may submit comments by email to LMoreno@sanfernando.gov no later than **12:00 p.m. the day of the meeting**, to ensure distribution to the Parks, Wellness, and Recreation Commission prior to consideration of the agenda. Comments received via email will be distributed to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.

CALL-IN TO PROVIDE PUBLIC COMMENT LIVE AT THE MEETING:

Members of the Public may **call-in between 6:30 p.m. and 6:45 p.m.** Comments will be heard in the order received, and limited to three minutes. If necessary, the call-in period may be extended by the Chair.

Call-in Telephone Number: (669) 900-6833
Meeting ID: 986 1620 1615
Passcode: 988843

When connecting to the Zoom meeting to speak, you will be placed in a virtual "waiting area," with your audio disabled, until it is your turn to speak and limited to three minutes.

PARKS, WELLNESS, AND RECREATION COMMISSION

Regular Meeting Notice and Agenda – September 10, 2026

Page 2 of 5

CALL TO ORDER

ROLL CALL

TELECONFERENCE REQUESTS/DISCLOSURE

Recommend consideration of requests received for remote teleconference meeting participation made by members of the City's legislative bodies, as permitted under the provisions of Assembly Bill (AB) 2449, Government Code Section 54953, and the City of San Fernando adopted Resolution No. 8215, effective March 1, 2023.

PLEDGE OF ALLEGIANCE

APPROVAL OF AGENDA

Recommend that the Parks, Wellness, and Recreation Commission approve the agenda as presented.

PRESENTATION

DECORUM AND ORDER

City Commissioners are appointed by City Council and must be free to discuss issues confronting the city in an orderly environment. Members of the public attending City Commission meetings shall observe the same rules of order and decorum applicable to the City Council ([SF Procedural Manual](#)). Any person making impertinent derogatory or slanderous remarks or who becomes boisterous while addressing a City Commission or while attending a City Commission meeting, may be removed from the room if the Presiding Officer so directs the Sergeant-At-Arms and such person may be barred from further audience before the City Commission.

PUBLIC STATEMENTS – WRITTEN/ORAL

Members of the public may **provide comments in person in the City Council Chambers** during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

Members of the public may submit comments by email to LMoreno@sanfernando.gov no later than

12:00 p.m. the day of the meeting, to ensure distribution to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.

PARKS, WELLNESS, AND RECREATION COMMISSION

Regular Meeting Notice and Agenda – September 10, 2026

Page 3 of 5

Members of the public may provide a **live public comment by calling in between 6:30 p.m. and 6:45 p.m. CALL- IN INFORMATION: Telephone Number: Telephone Number: (669) 900-6833, Meeting ID: 986 1620 1615; Passcode: 988843**

CONSENT CALENDAR

Items on the Consent Calendar are considered routine and may be disposed of by a single motion to adopt staff recommendation. If the Parks, Wellness, and Recreation Commission wishes to discuss any item, it should first be removed from the Consent Calendar.

1) CONSIDERATION TO APPROVE PARKS, WELLNESS, AND RECREATION COMMISSION MEETING MINUTES FOR:

- a. July 9, 2026- Regular Meeting

ADMINISTRATIVE REPORTS

2) UPDATE ON MULTIPLE ITEMS PREVIOUSLY DISCUSSED WITH THE PUBLIC WORKS DEPARTMENT.

Recommend that the Parks, Wellness, and Recreation Commission receive and file a report updating the items previously discussed with the Public Works Department.

3) DISCUSSION ON THE CITY’S MURAL AD HOC AND PUBLIC ART PROCESS

Commissioner Sanchez requested to add this agenda item at the regular Parks, Wellness and Recreation Commission meeting held on July 9, 2026.

4) PUEBLO Y SALUD UPDATE REGARDING THE CESAR CHAVEZ MEMORIAL

Commissioner Friend added this item to the agenda at the regular Parks, Wellness and Recreation Commission meeting held on July 9, 2026.

5) ASSESSMENT OF THE CONDITION OF RECREATION AND COMMUNITY SERVICES DEPARTMENT’S SPORTS EQUIPMENT FOR PROGRAMMING

Chair Cuellar added this item to the agenda at the regular Parks, Wellness and Recreation Commission meeting held on July 9, 2026.

PARKS, WELLNESS, AND RECREATION COMMISSION

Regular Meeting Notice and Agenda – September 10, 2026

Page 4 of 5

6) DEPARTMENT PROGRAMS AND SERVICES UPDATE

Recommend that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services activities, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff direction as appropriate.

STAFF COMMUNICATION

COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING

Commissioner(s) may request to agendize an item for discussion at a future meeting, subject to approval by the Commission. Requests should align with the commission's scope of responsibility, adhere to City Council policies, and consider the availability of staff resources and budget constraints.

ADJOURNMENT The meeting will adjourn to its next regular meeting.

PARKS, WELLNESS, AND RECREATION COMMISSION

Regular Meeting Notice and Agenda – September 10, 2026

Page 5 of 5

AFFIDAVIT OF POSTING

I hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted on the City Hall bulletin board not less than 72 hours prior to the meeting.

Dated: _____ at: _____

Signed By: _____

Agendas and complete Agenda Packets (including staff reports and exhibits related to each item) are posted on the City's Internet Web site (www.sfcity.org). These are also available for public reviewing prior to a meeting at the Recreation and Community Services Department Public Counter. Any public writings distributed by the Parks, Wellness, and Recreation Commission to at least a majority of the Commissioners regarding any item on this regular meeting agenda will also be made available at the Recreation and Community Services Department Public Counter located at 208 Park Avenue, San Fernando, CA, 91340 during normal business hours. In addition, the City may also post such documents on the City's Web Site at www.sfcity.org. In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/accommodation to attend or participate in this meeting, including auxiliary aids or services please call the Recreation and Community Services Department Office at (818) 898-7349 or LMoreno@sfcity.org at least 48 hours prior to the meeting.



CITY OF SAN FERNANDO
PARKS, WELLNESS AND RECREATION COMMISSION

REGULAR MEETING MINUTES
JULY 9, 2026
ZOOM MEETING STREAMED ON YOUTUBE

THE FOLLOWING MINUTES ARE A SUMMARY OF ACTIONS TAKEN BY THE PARKS, WELLNESS AND RECREATION COMMISSION. VIDEO AND AUDIO OF THE ACTUAL MEETING ARE AVAILABLE FOR LISTENING AT: <https://www.youtube.com/c/CityOfSanFernando>

CALL TO ORDER/ROLL CALL

Chair J. Cuellar called the meeting to order at 6:32 p.m. Administrative Assistant, Linda Bowden-Moreno, called the roll call.

The following people were recorded as present:

PRESENT:

Chair Julie Cuellar, Commissioner Erica Friend and Commissioner Flor Sanchez

ABSENT:

None

ALSO PRESENT:

Commander Brian Woodward, Operations Manager Rodrigo Mora, RCS Supervisor Maribel Perez, Administrative Assistant Linda Bowden-Moreno, and Office Clerk Tiffany Hernandez

PLEDGE OF ALLEGIANCE

Led by Commissioner Friend

APPROVAL OF AGENDA

Commissioner F. Sanchez motioned to approve the agenda for the July 9, 2026, Parks, Wellness and Recreation Commission regular meeting. Commissioner E. Friend seconded the motion. By consensus, the motion passed.

AYES: Chair J. Cuellar, Commissioner E. Friend, and Commissioner F. Sanchez

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes –July 9, 2026

Page 2 of 4

NAYS:

ABSENT:

ABSTAIN:

PRESENTATIONS

PUBLIC STATEMENTS – WRITTEN/ORAL

CONSENT CALENDAR

1. APPROVAL OF MINUTES

Chair Cuellar queried if there were any issues, concerns or objections with the consent calendar item. No issues or concerns were raised. By unanimous consensus, minutes of the June 11, 2026 Parks, Wellness and Recreation Commission meeting were approved.

ADMINISTRATIVE REPORTS

2. SAN FERNANDO POLICE DEPARTMENT UPDATE ON PARK ACTIVITY

Commander Woodward provided the quarterly report on activity and crime in the parks including the upcoming three-agency sweep (SFPD, LAPD, LA County) at Cindy Montanez Natural Park to be conducted by the end of summer. He also shared the public service announcement (PSA) regarding e-bike dangers and enforcement plan at the next Traffic and Safety Commission meeting, and subsequently at the next Parks, Wellness, and Recreation Commission meeting.

3. PUBLIC WORKS DEPARTMENT TO PROVIDE UPDATES ON MULTIPLE ITEMS PREVIOUSLY DISCUSSED –

R. Mora presented a PowerPoint presentation on recommended plants to attract pollinators including bees and hummingbirds. The discussion addressed plant recommendations for empty pots along Maclay Street and at City parks to attract pollinators. The presentation included cost estimates for 5-gallon plants ranging from \$20 to \$35 each. The discussion also included improvements at Rudy Ortega and Cindy Montanez Natural Parks such as irrigation and lighting improvements. The commission discussed changing park closing hours from 10 PM back to sunset-to-sundown, particularly for Cindy Montanez Natural Park and Rudy Ortega Park, to reduce late-night vandalism and improve police patrol effectiveness.

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes –July 9, 2026

Page 3 of 4

Discussion also included the various types of light improvements at the parks, preparing a cost savings analysis, and looking into the contract with the Wild Horse Foundation for park improvements such as new field lights at Pioneer Park. It was noted that all projects needing funding would require council directive.

Chair J. Cuellar motioned to recommend conducting a cost analysis to assess the ability to replace park path lights and enhance public safety with the recommendation to council for a budget enhancement. Commissioner E. Friend seconded the motion. By consensus, the motion passed.

AYES: Chair J. Cuellar, Commissioner E. Friend, and Commissioner F. Sanchez

NAYS:

ABSENT:

ABSTAIN:

Commissioner E. Friend motioned to recommend that Rudy Ortega Sr. Park and Cindy Montanez Natural Park implement a closing time at sunset to enhance public safety and park conservation.

AYES: Chair J. Cuellar, Commissioner E. Friend, and Commissioner F. Sanchez

NAYS:

ABSENT:

ABSTAIN:

4. DEPARTMENT PROGRAMS AND SERVICES UPDATE- RCS provided updates on summer activities including the Movies in the Park series in July, the Concerts in the Park series in August, an update on the Fourth of July drone show attracting an estimated 800-1000 people, the World Cup Watch parties, Foodzilla events, an update on the Summer Day Camp, among other events and updates.

STAFF COMMUNICATION - M. Perez reported that youth sports staff member Sebastian plans to incorporate an All-Stars Day for our youth basketball participants. One of the activities planned is a Parents versus Kids tournament. This should be a fun and competitive event.

M. Perez invited everyone to the upcoming Movies at the Park series, the Concerts Series and the City's Birthday celebration on Saturday, August 29, 2026 outside of City Hall.

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes –July 9, 2026

Page 4 of 4

COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING

Commissioner E. Friend reported witnessing an incident where an individual stepped on the broken blacktop causing a fall at the Chipotle parking lot. Chair J. Cuellar will share this concern at the next Transportation and Public Safety Commission meeting.

Commissioner F. Sanchez reported that a mural is planned at Gridley-Montanez Elementary School. She would like to discuss the reinstatement of a mural committee to allow more input on future projects.

Commissioner E. Friend commented on the Cesar Chavez Memorial being vandalized and defaced. She would like an update on the status of the mural and an update regarding Pueblo y Salud.

Chair J. Cuellar asked for an update on the condition of the RCS Department's programming equipment for youth and adult sports programs, senior programs, etc. She also asked about the status of the installation of the new A/C units at Recreation Park.

AUGUST AGENDA ITEMS

- Chair Cuellar requested the city contact the Puig Foundation regarding their commitment to install sports field lighting at Pioneer Park and provide an update.
- Commissioner Sanchez requested an item to discuss the City's Mural Ad hoc and/or public art process.
- Commissioner E. Friend requested an update from Pueblo Y Salud regarding the Cesar Chavez memorial's current state and continued vandalism.
- Chair Cuellar requested an assessment of the condition of the Department's sports equipment.

ADJOURNMENT

Chair J. Cuellar adjourned the Parks, Wellness and Recreation Commission meeting at 8:28 p.m.

To: Chair Julie Cuellar and Commissioners

From: Julio Salcedo, Director of Recreation and Community Services

Date: September 10, 2026

Subject: Update on Items Discussed with Public Works Staff

RECOMMENDATION

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on various items previously address with Public Works staff.

BACKGROUND/ANALYSIS

The PWR Commission received presentations by Operations Manager Rodrigo Mora on pollinator plant options, lighting upgrades for sports fields, and increased security at the July 9, 2026 Parks, Wellness and Recreation Commission regular meeting.

The discussion also included changing park closing hours from 10 PM back to sunset-to-sundown at Cindy Montanez Natural Park and Rudy Ortega Sr. Park, in order to reduce late-night vandalism and improve police patrol effectiveness. It was mentioned that projects requiring funding would need direction from City Council.

The PWR Commission requested additional information on how to move forward on the items previously discussed with the Public Works Department.

BUDGET IMPACT

There is no budget impact incurred by discussing and receiving an update on the aforementioned items discussed with the Public Works Department.



MEMORANDUM

To: Chair Julie Cuellar and Commissioners

From: Julio Salcedo, Director of Recreation and Community Services

Date: September 10, 2026

Subject: Discussion on the City's Mural Ad Hoc Committee and Public Art Process

RECOMMENDATION

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on the City's Mural Ad Hoc Committee and the Process of Displaying Public Art.

BACKGROUND/ANALYSIS

At the Parks, Wellness and Recreation Commission regular meeting held on July 9, 2026, Commissioner Flor Sanchez added an agenda item to discuss the status of the City's Mural Ad Hoc Committee and the process of displaying public art in the City of San Fernando.

BUDGET IMPACT

There is no budget impact incurred by discussing and receiving an update on the aforementioned agenda item.



MEMORANDUM

To: Chair Julie Cuellar and Commissioners

From: Julio Salcedo, Director of Recreation and Community Services

Date: September 10, 2026

Subject: Update on Pueblo Y Salud and the Cesar Chavez Memorial

RECOMMENDATION

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on the Cesar Chavez Memorial and Pueblo Y Salud.

BACKGROUND/ANALYSIS

At the Parks, Wellness and Recreation Commission regular meeting held on July 9, 2026, Commissioner Erica Friend added an agenda item to discuss the status of the Cesar Chavez Memorial and the agreement with Pueblo Y Salud.

BUDGET IMPACT

There is no budget impact incurred by discussing and receiving an update on the aforementioned agenda item.



MEMORANDUM

To: Chair Julie Cuellar and Commissioners

From: Julio Salcedo, Director of Recreation and Community Services

Date: September 10, 2026

Subject: Assessment of the Condition of Sports Equipment for Programs

RECOMMENDATION

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on the condition of the Recreation and Community Services Department sports equipment utilized for City programs.

BACKGROUND/ANALYSIS

At the Parks, Wellness and Recreation Commission regular meeting held on July 9, 2026, Chair Julie Cuellar requested to add an item directing City staff to provide an assessment of the current condition of sports equipment used for City sports programming.

BUDGET IMPACT

There is no budget impact incurred by discussing and receiving an update on the aforementioned agenda item.

To: Chair Julie Cuellar and Commission Members

From: Julio Salcedo, Recreation and Community Services Director
By: Maribel Perez, Recreation and Community Services Supervisor
Linda Bowden-Moreno, RCS Administrative Assistant

Date: September 10, 2026

Subject: Department Programming, Services, Activity, and Business Updates

RECOMMENDATION:

It is recommended that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services, activities, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff guidance or recommendations, as appropriate.

BACKGROUND:

1. The mission of the Recreation and Community Services (RCS) Department is to develop and implement enriching community, cultural, and recreational opportunities that foster the overall well-being and personal development of our community.
2. The RCS Department conducts a wide array of programs, services, activities, and business throughout the year. Staff provides a monthly update on items discussed at the Parks, Wellness, and Recreation Commission (PWRC) meetings and welcomes any guidance or recommendations regarding the items presented.

DEPARTMENT UPDATES:

The RCS Department provides a variety of programming and services for the San Fernando community. All Los Angeles County Department of Public Health protocols and Best Practices guidelines for operating recreational facilities are strictly adhered to. Safety is the top priority for RCS staff when conducting activities for the community. All program participants and park visitors are made aware of safety guidelines being implemented to ensure patrons feel safe while participating in the Department's programs.

CITY EVENTS

Blessing of the Bikes

San Fernando held the inaugural Blessing of the Motorcycles event on August 1, 2026 at Las Palmas Park. This event was open to the public, with an emphasizes on offering blessings to the large number of military veterans who are bikers. The event opened with a color guard before Father Andrew Hedstrom of St. Ferdinand Catholic Church blessed the bikes one by one with prayers for protection and safe travels for the riders.

Also in attendance was actor Danny Trejo who rode in on his shiny chrome motorcycle and took the time to take photos and shake hands with the many participants. The Blessing of the Motorcycles event was an important prelude to the Sturgis Motorcycle Rally in South Dakota, in which many veterans participate.

Summer Day Camp Update

The Summer Day Camp program wrapped up on August 7, 2026. This year's program was once again a great success. Children had a blast this summer participating in activities such as arts & crafts, science activities, cooperative games, swimming, sports and field trips to the Science Center and to Castaic Lake.

Family Night was held on July 16th with campers performing to legendary music on stage. Parents and family members had a great time singing along with the campers who truly put on an impressive show.

Be on the look out for Winter Day Camp offered during the winter school break. For more information contact Recreation Park at (818) 898-1290.

Movies and Concerts in the Park

The City of San Fernando's *Movies in the Park* and *Summer Concerts* have been a remarkable success, drawing in families and friends for unforgettable evenings under the stars. With a diverse lineup of family-friendly films and live music performances, audiences have enjoyed a vibrant mix of entertainment that fosters connection and joy. These outdoor events have filled the parks with laughter and excitement offering live music, family-friendly movies and good food. The concert series has showcased local talent and brought the community together through the power of music. A big thank you to sponsors, vendors, City Council, event staff, and everyone who made this season a memorable one! Next year will undoubtedly offer even more fun and festivities!

This year San Fernando celebrated its 115th Birthday! The community took part in honoring San Fernando's role as the "First City of the Valley". Filled with laughter, joy, and unforgettable moments, the event brought everyone together to celebrate another special year. From the warm wishes and delicious treats to the smiles shared throughout the day, it was a truly memorable occasion. With live music, folklorico dancers, mariachi performances, great food and

vendors, this year's birthday celebration was a wonderful success! Incorporated on August 31, 1911, this amazing city has evolved into the vibrant and diverse community San Fernando is today. A big thank you to City Council, Public Works, Special Event staff, and our incredible community members.

Lopez Adobe

Hollyweird Paranormal hosted "Shadows of the Adobe" on Saturday, August 8th at the Lopez Adobe. The private ticketed event provided exclusive access to the Adobe after dark with a special tour guided by Tammie Chavez, a local paranormal podcaster. Guests walked the rooms of the historic home and listened to stories of early San Fernando and the beyond. All in attendance had a great experience and are looking forward to future events.

SENIOR SERVICES

National Senior Citizens Day

Established by President Ronald Reagan in 1988, this day we honor senior citizens and raise awareness of the issues that affect their quality of life and acknowledge the many contributions seniors make in our community. Las Palmas Park hosted a celebration to show our appreciation for our senior community members on Friday, August 21, 2026. Participants took part in free bingo games and a sweet surprise!

Senior Meals

In partnership with ONEgeneration, Las Palmas Park continues to host the Elderly Nutrition Program (ENP) for seniors. Stop by and register with the ONEgeneration team, Rene and Hayle, and enjoy a delicious and nutritious hot meal! Folks that are 60+ can qualify for this free program (suggested donation is \$3) Mondays through Fridays. If you know of anyone that is 60+ and is homebound, ONEgeneration can deliver hot meals 5 days a week! For more information please call (818) 898-7340.

On Friday, July 17th, the Senior Nutrition Program distributed Farmers Market Cards to seniors. The vouchers (valued at \$50) allow seniors to purchase locally grown fresh fruits, vegetables, herbs, and honey at local farmers markets. This program is a proven way to help low-income seniors eat healthier while boosting local farm economies. This is absolutely a win-win for everyone!

Los Angeles Regional Food Bank Distribution

The Regional Food Bank monthly distribution was held on Monday, August 3, 2026 from 9:00am-11:00am and distributed approximately 300 food kits. This program continues to serve seniors age 60+ on a monthly basis at Las Palmas Park. This drive-through food program provides a free food kit containing nutritious items such as meats, canned fruits and vegetables, cereals and grains. The next distribution will be held on **Tuesday, September 15, 2026**, due to the Labor Day

holiday. For more information on food assistance programs please contact Las Palmas Park at (818) 898-7340.

Alzheimer's Los Angeles

Monthly classes are offered in Spanish at Las Palmas Park to address important issues related to memory loss, brain health, dementia, cognitive decline and much more. Classes are scheduled on the first Thursday of the month at 9:30 am. Light refreshments are provided. Please contact Las Palmas Park at (818) 898-7340 for more information.

Platicas de la Vida con Café

In partnership with the Department of Mental Health, Las Palmas Park continues to host workshops to discuss and offer assistance to those dealing with emotional trauma, anxiety and everyday life situations. Classes are held in Spanish on the second and fourth Thursday of the month at 9:00 am. Please contact Las Palmas Park at (818) 898-7340 for more information.

Senior Club News

- The Monthly Senior Club Dance will be held on Saturday, September 19, 2026 in celebration of Fiestas Patrias. The dance will feature live music as well as tamales and beverages for sale. Tickets can be purchased at Las Palmas Park front desk or at the door, depending on availability. For more information on Senior Club Dances and Meetings, please call Las Palmas Park at (818) 898-7340.
- Senior Club Monthly Meetings occur on the first Sunday of each month at 1:00 pm at Las Palmas Park. Seniors interested in becoming active and involved in the Senior Club may attend meetings or call 818-898-7340 for more details.

Ongoing Senior Programs

The following senior activities are ongoing. For more details on programs and activities, please call Las Palmas Park at 818-898-7340 or visit the City Website at www.sfcity.org.

Music Class

Clase de Canto

Bingo

Crafty Ladies

Intro to Computers

Adult Coloring

Senior Zumba

Stretch and Strengthening

Chair Yoga

RECREATION

Leisure & Fitness Classes

Classes are currently in session and available for registration in-person by visiting one of the park offices or online by visiting www.sfcity.org/sfrecreation.

- **3 Wins Fitness San Fernando**
Mon, Wed & Fri | 8:15am | Recreation Park
- **Total Body Conditioning**
Mon-Thur | 7:00pm | Recreation Park
- **Inclusive Zumba**
Mon & Wed | 6:00pm | Recreation Park
- **Folklorico**
Wed & Fri | 7pm | Las Palmas Park
- **Shotokan Karate**
Saturdays | 9am | Las Palmas Park
- **Senior Music**
Tuesdays | 9am | Las Palmas Park
- **Clase de Canto**
Thursdays | 9am | Las Palmas Park

Open Gym Volleyball

Volleyball open gym is offered at Recreation Park on Thursday nights from 5pm to 9pm. Drop in for some friendly competition and get active!

Open Gym Pickleball

Pickleball offers open gym at Las Palmas Park on Monday mornings from 10am to 12pm and Tuesday nights from 5pm to 9pm. Drop in for some friendly competition and get active!

YOUTH PROGRAMS

Teens for a Better Community (TCB) and Counselor In Training (CIT)

The TBC and CIT programs provide a great opportunity for youth in 9th to 11th grade, to participate in career/volunteer development programs consisting of leadership and service activities. Participants are given essential guidance and a support system that is designed to help youth examine the values inherent in human service, as either a career or a volunteer pursuit.

CIT's also assist Day Camp staff with supervising campers in their group during recreation times, meal times, and assist with camp preparation, clean-up, camper check-in, serve as a positive role model for young children, and help to create a supportive camp community. CIT's learn leadership skills, public speaking, teamwork, life skills, as well as how to supervise and lead

groups of younger children in a safe and responsible manner. For more information on this program and other youth programs, please contact Recreation Park at (818) 898-1290.

Youth Basketball

Youth Summer Basketball is in full swing with 130 children registered. Players of all skill levels will build speed, shoot hoops, and make new friends. The season ends on September 26, 2026.

Shotokan Karate

This martial arts program designed for youth ages 5 to 16, offers instruction on self discipline, coordination, builds confidence and promotes health.

Tiny Tyke Soccer League

This program offers playful, beginner-level sports programs for children aged 3 to 6 years. The program focuses on developing basic motor skills and coordination through fun, age-appropriate activities, while nurturing a love for physical activity and teamwork.

BUDGET IMPACT:

The programs, services, activity, and business updates in this report are part of the Department's work plan and funds have been allocated for such work in the current fiscal year budget.

CONCLUSION:

It is recommended that the Parks, Wellness, and Recreation Commission receive and file the Department Update Report and provide any guidance or recommendations as appropriate.