



Proclamation

OLDER AMERICANS MONTH

May 2026 - Champion Your Health

WHEREAS, May is Older Americans Month, a time to recognize and honor older adults and their immense influence on every facet of American society;

WHEREAS, this year's theme, "Champion your Health," highlights prevention, wellness, and personal responsibility to encourage older adults to take an active role in managing their physical and mental well-being

WHEREAS, through their wealth of life experience and wisdom, older adults guide our younger generations and carry forward abundant cultural and historical knowledge;


WHEREAS, older Americans improve our communities through intergenerational relationships, community service, civic engagement, and many other activities;

WHEREAS, communities benefit when people of all ages, abilities, and backgrounds have the opportunity to participate and live independently;

WHEREAS, City of San Fernando must ensure that older Americans have the resources and support needed to stay involved in their communities — reflecting our commitment to inclusivity and connectedness.

NOW, THEREFORE, THE SAN FERNANDO CITY COUNCIL DOES HEREBY PROCLAIM MAY 2026 TO be **OLDER AMERICANS MONTH** and calls upon all residents to join in recognizing the contributions of our older citizens and promoting programs and activities that foster connection, inclusion, and support for older adults.




JOEL FAJARDO
MAYOR


VICTORIA GARCIA
VICE MAYOR


MARY MENDOZA
COUNCILMEMBER


MARY MENDOZA
COUNCILMEMBER


PATTY LOPEZ
COUNCILMEMBER

May 4, 2026

THE CITY OF
SAN FERNANDO